

RISE & SHINE



A Summer
Program of
Living &
Learning

FROM LEXONIK

www.Lexonik.com

HELLO AND WELCOME

Thank goodness for the summer.

Thank goodness for the chance to spend more time as a family and less time racing to school, packing lunchboxes, and worrying about spelling lists and homework.

But are you feeling slightly different this summer in particular?

As a caregiver or a parent, are you a little more anxious about missing even more weeks of formal education after the setbacks and difficulties caused by the pandemic?

Fear not.

At Lexonik, we've always been aware of the potential for learning loss over a summer vacation, and we understand that you may have more anxiety than in previous years.

But at the same time, our expert literacy and learning team knows how invaluable "real-life education" is. We passionately believe in immersive development of children's brains.

We know that kids learn when they're living life, when they're engaged, when they're curious – and when they're happy and supported.

So this summer, we're presenting you with a new six-week program to help you navigate the summer break and enable your child to develop and enhance their literacy skills – all while enjoying family time together.

There's no excessive emphasis on structured learning – instead, we focus on getting your child to stretch their brain, excite their own curiosity, and master new ways of "picking apart" problems or questions.

In the following sections, you'll find out more about how the program works and how you can become the most supportive guide in your child's learning, rather than feeling like you need to swap from being a parent to a teacher – again.

Good luck and enjoy!

The Lexonik Team

HOW IT WORKS

This summer-long program takes children on a journey through various real and imaginary activities and can be completed independently, allowing them to learn on their own, or with family members.

Each week of the summer vacation has been given a specific theme, which is then broken into creative literacy activities to be enjoyed at home, both indoors and out.

Whether you're staying home throughout the break, going on a trip, or hosting friends and family, you can tailor the activities to align perfectly with whatever is on your family-time agenda this summer.

And so to the themes:

- | | | |
|-----------------------------|-----------------------------|----------------------------------|
| 1 Baking and Cooking | 2 Friends and Family | 3 Growing Things |
| 4 Music and Craft | 5 My Community | 6 Staying Active and Well |

These themes are there to give you a “focus” for your child’s literacy development and learning that week, but don’t be afraid to tweak them to fit your family’s needs.

You’ll note that we’ve incorporated a discrete section on non-screentime literacy activities for each theme, specifically to support parents who want to get students away from screens during the break.

Themes are always fully introduced, giving you information on any additional resources you may need and suggesting tips for how to engage your child in that week’s theme.

Also included in the six-week program:

- Creative writing and personal reflection prompts
- Family reading challenge
- Non-screentime literacy activities



MEET LEX & NIK

Throughout the six-week program, you'll have two very important assistants to help you and your child: **Lex and Nik.**

These two characters will appear regularly, throughout the program material.

They're there to help pose questions and to give your child a playful continuity throughout the various stages of the project.









They will also give you opportunities to further develop your child's critical thinking skills by asking them questions about how Lex and Nik have approached different activities.

CONTENTS

Week 1 – Baking & Cooking	Pg 05
Week 2 – Friends & Family	Pg 11
Week 3 – Growing Things	Pg 14
Week 4 – Music & Craft.....	Pg 17
Week 5 – My Community	Pg 22
Week 6 – Staying Active & Well.....	Pg 25
Creative Writing Prompts	Pg 28

THE KEY

Next to each activity, you will see a key. The key is there to show you what type of activity it is. Try to choose a mixture of activities to cover all literacy learning opportunities.

-  **Independent (1 person)**
-  **Pairs**
-  **Group/Family**
-  **Speaking and Listening**
-  **Writing**
-  **Reading**
-  **Drawing**
-  **Outdoors**

WEEK ONE

BAKING

& COOKING



During this week, you will be exploring how literacy learning can easily be incorporated into the kitchen. We have suggested a series of creative, practical, and fun activities that can be done in and around the heart of the home. The focus here is to explore how we can incorporate literacy development into our everyday lives, and that learning doesn't always mean we are sitting at our desks in front of a computer.

Try out all of the tasks or just pick the ones you like best. The purpose is to explore how active literacy learning can be – while having fun.

LETTER COOKIES



Use the shortbread cookie recipe provided to form letters with the dough you make. Challenge each other to create the longest words, funniest words, or even a mini story.

Recipe Ingredients

- 2 cups all-purpose flour
- 1 cup butter, softened
- ½ cup granulated sugar

Utensils

- Hand mixer
- Mixing bowl
- Baking sheet
- Rolling pin
- Cutters or knife

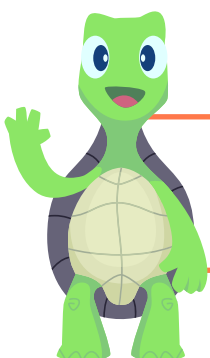
Method

1. Mix together softened butter and sugar until light and creamy
2. Gradually mix in the flour
3. Knead the mixture until it starts to hold together
4. Dust your work surface and rolling pin with flour and roll out your dough to your chosen thickness
5. Using letter-shaped cookie cutters or a knife (or simply molding by hand), begin forming your letters
6. Once formed, place on a cookie sheet or baking pan and bake at 325 degrees for 20-25 minutes



Imperative verbs are commanding words, for example: take, cut, use. Try making an imperative verb out of your letters.

Why not share a photo of your biscuits via #lexoniksummer



Don't forget, safety first! Always wash your hands before you start cooking and get adult supervision when using cooking equipment.

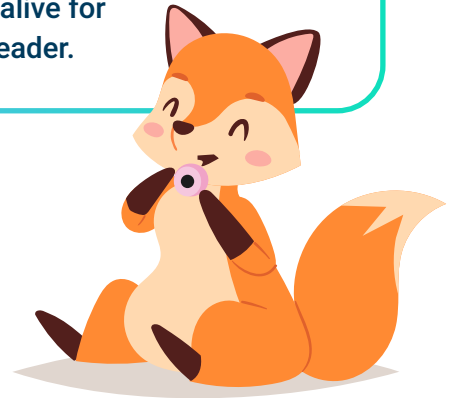
5 SENSES CANDY DESCRIPTION








This activity involves creating a short piece of descriptive writing, based on your five senses. Choose your favorite candy and place it on the table in front of you. DO NOT eat it... yet!

Use the grid provided to write down your ideas, using each of your senses, one at a time, to describe the candy.

It is important to involve all five senses when writing powerful descriptions, as it makes the thing you are describing come alive for your reader.



Sense	Description
	
	
	
	
	

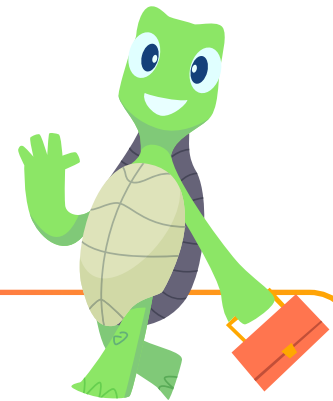
Once you have filled the grid with all your ideas, use them to make the most appetizing candy description you can. Finally, once your description is complete, sit back and enjoy your candy.

DESIGN A FLYER ADVERTISING A NEW RESTAURANT



Imagine you have been asked to design a flyer advertising a new local restaurant. Creating your design, using examples you've seen in the past to inspire you. Consider how you will use the following to appeal to your audience:

- Headings • Subheadings • Alliteration • Bold print • Pictures
 Colour • Repetition • Rhetorical questions • Catchy slogan**



Think carefully about your purpose and audience when writing, so that it appeals directly to them.

CREATE A DAILY MENU FOR...



Use the template provided to create a daily menu for one of the following people:

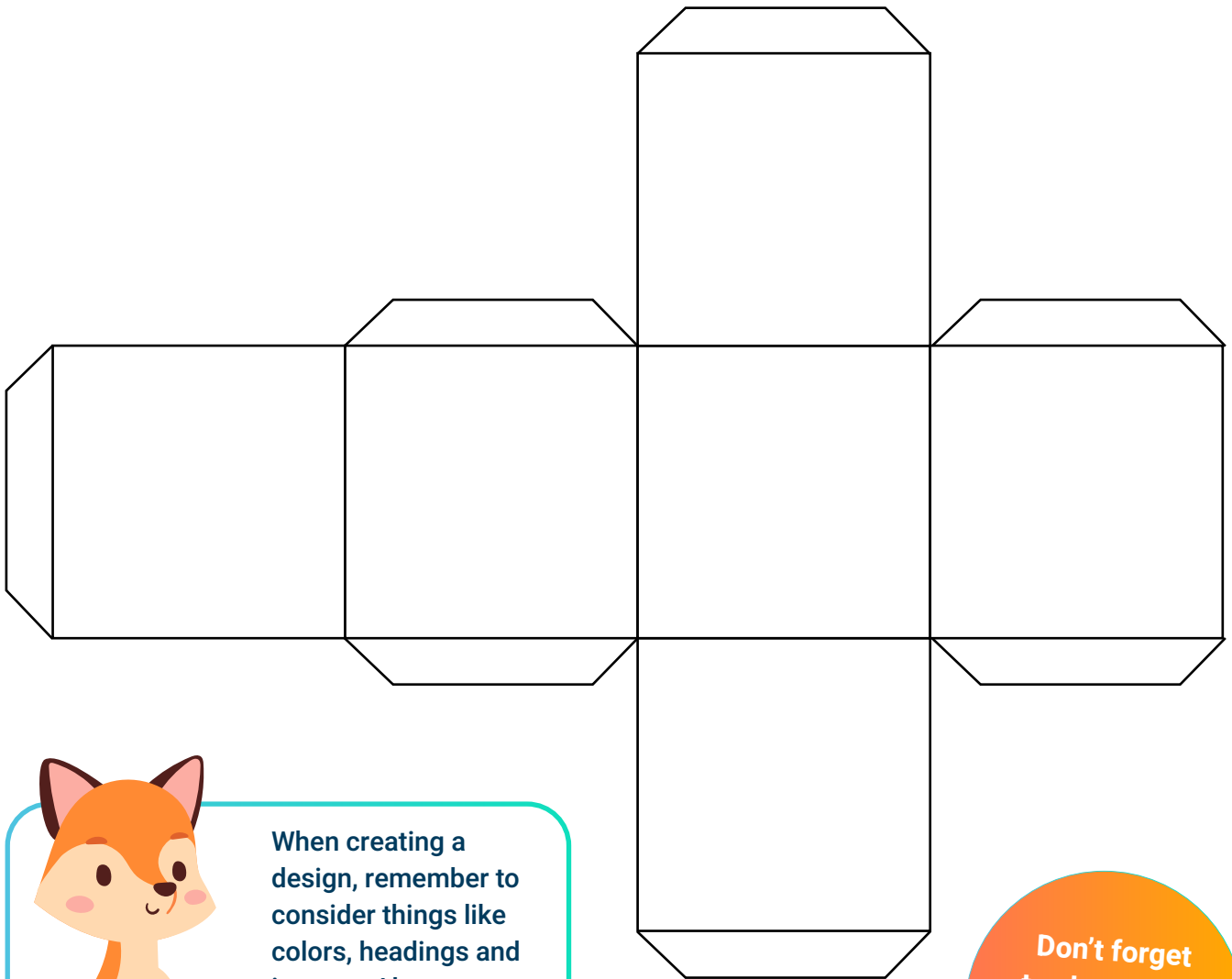
- A professional footballer preparing for the Superbowl
- A grandma and her dog
- A 10-year-old child's dream day of food

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast							
Lunch							
Snack							
Dinner							

DESIGN THE PACKAGING FOR...



Your friends rave about your famous recipe, and now it's time to sell it to a wide audience. However, every great product needs great packaging! Use the template provided to create your very own design. Take inspiration from products in your kitchen or at the local supermarket.



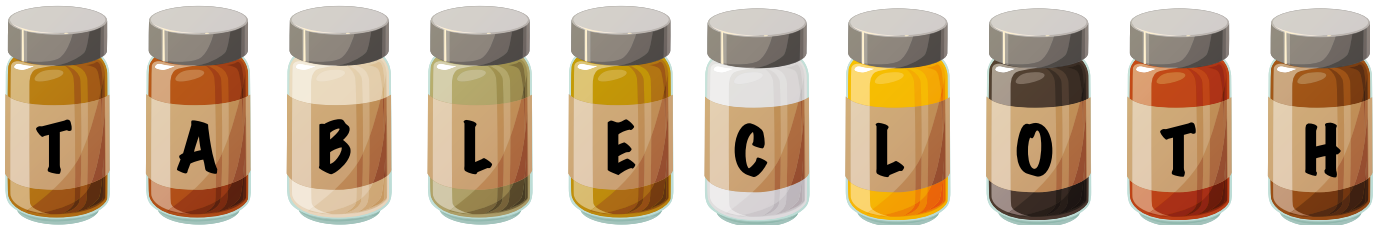
When creating a design, remember to consider things like colors, headings and images. Always match your design choices to your audience and what would appeal to them.

Don't forget to share your work via [#lexoniksummer](https://twitter.com/lexoniksummer)

HERBS & SPICES VOCABULARY BUILDER



Look at the word spelled out on the jars below.
 How many new words can you find made up of three letters or more?
 Try to use each letter only once in each word.



ALPHABET SOUP WORDS



Buy a can of alphabet soup from your local supermarket. Carefully open the can and empty the contents onto a large plate. Using the letters, see who can get the:

- Longest word
- Silliest word
- Most words

Share your words on social media using [#lexoniksummer](#)

